

	100-119	120-159	160-199	200-239	240-279	280-319	320-359	360-399
<b>Freestyle Women</b>		Roskill 2018 1:59.02 Briar Elliston Kyla Steenhart Charlotte Cornet Lisa Wujec	Roskill 2006 2:07.42 Rosanne Lockie Michelle Lockhart Virginia Thorne Meg Luff	North Shore 2017 2:08.00 Shiralee Knowles Penny Clayton Toni Bayliffe Nicola Clement	North Shore 2018 2:25.88 Danielle Howard Julie Gunthorp Sue Pollard Nicola Clement	Waitakere City 2018 3:04.44 Charmayne Johnstone Jacky Tasker Beverley Corbett Mary Ann Turbitt	North Shore 2017 3:25.88 Sue Pollard Joan Bidwell Jan O'Donnell Antoinette Rodahl	
<b>Medley Women</b>		Toggs 1992 2:17.50 Monique Rodahl-Williams Marita Hassall Jaynie Hudgell Lynne Dalzell	Roskill 2018 2:22.98 Lisa Wujec Kyla Steenhart Briar Elliston Michelle Lockhart	North Shore 2017 2:21.65 Toni Bayliffe Danielle Howard Shiralee Knowles Penny Clayton	North Shore 2018 2:35.61 Sue Pollard Danielle Howard Nicola Clement Julie Gunthorp	Waitakere City 2018 3:51.95 Beverley Corbett Jacky Tasker Mary Ann Turbitt Charmayne Johnstone	North Shore 2017 3:55.61 Jan O'Donnell Joan Bidwell Sue Pollard Antoinette Rodahl	
<b>Freestyle Men</b>	Harbour Capital 1990 1:44.68 Brent O'Neil Paul Dyson Jeremy Perrott Robert Spencer	Swim 360 2018 1:40.56 Carl O'Donnell Stephen Grey Axel Wohlfarth Michael Grey	North Shore 2017 1:47.48 Jamie Sutcliffe Mark Riggall Tom King Ben Marshall	Dunedin 2009 1:51.19 Richard Jongens Peter Graham Stephen Clarke Steven Prescott	Dunedin 2018 2:00.75 Steven Prescott Stephen Clarke Richard Jongens Mark Johnson	North Shore 2017 2:23.71 Ian Gunthorp Robert Redford Don Bidwell Mark Saunders	Trojans 1995 2:57.46 Bill Farrell Stan Boardman Howard Holmes Ivan Wilson	
<b>Medley Men</b>	Foveaux 1993 2:06.49 Reece Mulligan Alister Walker Wayne Evans Todd Utteridge	Swim 360 2018 1:56.53 Stephen Grey Michael Grey Carl O'Donnell Axel Wohlfarth	North Shore 2017 2:02.23 Mark Riggall Jamie Sutcliffe Ben Marshall Tom King	Roskill 2018 2:04.88 Darryl Follows Richard Lockhart Eugene Manko Mason Lockhart	North Shore 2004 2:18.05 Barry Young Don Bidwell John Shackleton Ian Gunthorp	North Shore 2017 2:42.84 Robert Redford Don Bidwell Mark Saunders Ian Gunthorp	Trojans 1996 4:10.06 Stan Boardman Bill Farrell Ivan Wilson Howard Holmes	
<b>Freestyle Mixed</b>		Swim 360 2018 1:48.49 Michael Grey Rachel Hare Carl O'Donnell Kate Johnston	Levin 2003 1:53.60 Jeremy Perrott Jane Perrott Rebecca Perrott Adam Perrott	North Shore 2009 1:57.95 Barry Young Shiralee Knowles Penny De Vries Russell Jones	North Shore 2008 2:12.13 Ian Gunthorp Julie Gunthorp Sue Pollard Robert Redford	North Shore 2017 2:25.82 Ian Gunthorp Julie Gunthorp Sue Pollard Robert Redford	Trojans 1996 3:19.40 Edna Farrell Mavis Durand Bill Farrell Stan Boardman	
<b>Medley Mixed</b>	Harbour Capital 1990 2:06.98 Carol Bamford Robert Spencer Jeremy Perrott Rebecca Perrott	Swim 360 2018 2:01.27 Stephen Grey Rachel Hare Carl O'Donnell Kate Johnston	Levin 2003 2:07.32 Rebecca Perrott Adam Perrott Jeremy Perrott Jane Perrott	North Shore 2017 2:10.53 Russell Jones Danielle Howard Nicola Clement Janusz Kordonski	North Shore 2001 2:32.76 Sue Pollard Don Bidwell Barry Young Lyn Jobbins	North Shore 2017 2:51.21 Sue Pollard Robert Redford Julie Gunthorp Ian Gunthorp		