



New Zealand Masters North Island Short Course Championships 2021

Saturday 17th July & Sunday 18th July 2021

Coastlands Aquatic Centre — 10 Brett Ambler Way, Paraparaumu

Buffet Meal \$40 — After meet function Saturday 6.30pm for 7pm start
Kapiti Boating Club - Paraparaumu Beach

Entries Close Wednesday 7th July 2021 – No refunds after this date

Session 1: Saturday AM

Warm Up 8am; racing starts 8.30am

- 1) 400 IM
- 2) 50 Butterfly
- 3) 200 Freestyle
- 4) 100 Breaststroke
- 5) 200 Backstroke
- 6) 1500 Freestyle

Session 2: Saturday PM

To commence approx 60 minutes after conclusion of Session 1. Warm up 15 minutes prior to start.

- 7) 4 x 50 Medley Relay – Women
- 8) 4 x 50 Medley Relay – Men
- 9) 100 Backstroke
- 10) 200 IM
- 11) 100 Freestyle
- 12) 50 Breaststroke
- 13) 200 Butterfly
- 14) 400 Freestyle
- 15) 4 x 50 Freestyle Relay – Women
- 16) 4 x 50 Freestyle Relay – Men

Session 3: Sunday AM

Warm Up 8am, racing starts 8.30am

- 17) 800 Freestyle
- 18) 100 IM
- 19) 200 Breaststroke
- 20) 50 Backstroke
- 21) 100 Butterfly
- 22) 50 Freestyle
- 23) 4 x 50 Medley Relay – Mixed
- 24) 4 x 50 Freestyle Relay - Mixed
- 25) Thomas Cup – 6 x 50 Freestyle Inter Club Relay

Prize Giving on completion of racing

Any questions please email the Meet Organiser - Marco Cecioni marco.cecioni@yahoo.co.nz

Disclaimer: The organizing committee, officers, agents and members will not be responsible for any claims, proceedings and damage whatsoever and howsoever arising directly or indirectly out of or in connection with participation in this meet.

MEET CONDITIONS

1. The meet will be run by the Raumati Masters Swimming Club.
2. **Meet organiser is Marco Cecioni** marco.cecioni@yahoo.co.nz
3. This meet will be swum short course. The pool depth is 2.4m. Care is required when diving.
4. FINA Rules Governing Masters Swimming will apply. All events will be swum as timed finals with over the top starts.
5. Swimmers must be current, at time of meet, financial members of NZMS. Clubs must email the meet organiser prior to the meet with evidence of swimmers financial status.
6. Age groups are determined by age on 31st December 2021.
7. A No Time (NT) entry will be deemed to be the average time of swimmers in the respective gender and age group for that event from previous NZ Masters Swimming sanctioned meets.
8. Entries are via Register Now - <https://www.registernow.com.au/secure/Register.aspx?E=43670>
9. Entries close at 18:00 (6pm) on Wednesday 7 July 2021. Late entries will not be accepted. If you have problems please contact Liz Davidson nzmsitofficer@gmail.com
10. Meet entry fee is \$60. No refunds after entries close. Refunds for medical withdrawals will be considered on receipt of signed doctor's certificate.
11. Competitors may enter a maximum of 6 individual events (plus relays).
12. For 1500m freestyle (event 6) and 800m (event 17) swimmers competing in the 1500m event can opt to have their 800m time recorded, which will count as two separate events. Swimmers who wish to do so must email the meet organiser by close of entries.
13. Teams must have their relay entries handed in to the recorder's desk by end of the session prior ie entries for events 7, 8, 15, 16 must be handed in by the end of session 1 and entries for events 23, 24, 25 must be handed in by the end of session 2. Relay forms will be available from the recorder's desk.
14. Strapping on a swimmer must be sighted and approved by the Referee and supported by a doctor or physio certificate prior to the start of the meet.
15. Marshalling for events takes place at the opposite end of the pool from the starting blocks beside the small paddling pool. Please listen for the marshalling announcement for each event.
16. NZMS Records Sheets will be displayed on the results wall.
17. Protests shall be lodged as per SNZ policy 008 with \$100 cash.
18. The Organisers will not be liable for any loss or damage during the period of the meet. All participants must comply with the Sport's Anti-Doping Rules.
19. Participants who have entered this event agree to allow images (e.g. photography, video) to be taken by accredited media approved by NZMS or host club in accordance with SNZ Member Protection Policy.
20. The Organisers reserve the right to restrict entries, combine events or alter the programme.

FOOD AND SOCIAL FUNCTION

• Saturday Lunch: The Plunge Cafe at the Coastlands Aquatic Centre can provide a lunch pack for a cost of \$15, this contains your choice of:

- 2 club sandwiches or 1 baguette or 2 mini croissants
- 1 small savoury
- 1 small sweet
- And a slice of the day.

(Gluten Free and Vegetarian options are available)

The café will also be open for hot and cold drinks and snacks. There are also over 20 options available at Coastlands food court a 5-minute walk from the pools.

• Saturday Social Function: Dinner at the Kapiti Boating Club — Paraparaumu Beach. 6.30pm for a 7pm start. Cost \$40 per person.

Please order your Lunch and/or Dinner tickets through the form at the following link <https://form.jotform.com/210657383738060>

COVID-19

Please note this event will not be able to be hosted if the NZ Government has announced the country is under Alert Level 2 or above. All endeavours to refund entries will be made.