



# Shear Magic Masterton Masters



## 2018 Half Hour Postal Swim

### SPLIT TIME SHEET

|                        |  |                                  |                            |
|------------------------|--|----------------------------------|----------------------------|
| Date:                  |  | Distance Completed to nearest 5m | Write Here:<br>Metres Swum |
| Swimmer Name:          |  |                                  |                            |
| Recorder Name:         |  | Short Course / Long Course       |                            |
| Signature:             |  |                                  |                            |
| Pool Name and Location |  |                                  |                            |

| Distance   | Time | Distance    | Time | Distance | Time | Distance | Time | Distance | Time |
|------------|------|-------------|------|----------|------|----------|------|----------|------|
| 50         |      | 850         |      | 1550     |      | 2500     |      | 3550     |      |
| 100        |      | 900         |      | 1600     |      | 2550     |      | 3600     |      |
| 150        |      | 950         |      | 1650     |      | 2600     |      | 3650     |      |
| 200        |      | 1000        |      | 1700     |      | 2650     |      | 3700     |      |
| 250        |      | 1050        |      | 1750     |      | 2700     |      | 3750     |      |
| 300        |      | 1100        |      | 1800     |      | 2750     |      | 3800     |      |
| 350        |      | 1150        |      | 1850     |      | 2800     |      | 3850     |      |
| 400        |      | 1200        |      | 1900     |      | 2850     |      | 3900     |      |
| 450        |      | 1250        |      | 1950     |      | 2900     |      | 3950     |      |
| 500        |      | 1300        |      | 2000     |      | 2950     |      | 4000     |      |
| 550        |      | 1350        |      | 2050     |      | 3000     |      | 4050     |      |
| 600        |      | 1400        |      | 2100     |      | 3050     |      | 4100     |      |
| 650        |      | 1450        |      | 2150     |      | 3100     |      | 4150     |      |
| 700        |      | <b>1500</b> |      | 2200     |      | 3150     |      | 4200     |      |
| 750        |      |             |      | 2250     |      | 3200     |      | 4250     |      |
| <b>800</b> |      |             |      | 2300     |      | 3250     |      | 4300     |      |
|            |      |             |      | 2350     |      | 3300     |      | 4350     |      |
|            |      |             |      | 2400     |      | 3350     |      | 4400     |      |
|            |      |             |      | 2450     |      | 3400     |      | 4450     |      |
|            |      |             |      |          |      | 3450     |      | 4500     |      |
|            |      |             |      |          |      | 3500     |      | 4550     |      |