

Hamilton Masters Swimming Club

Sponsored by:



5 Bridges River Swim

(Annual Event since 1939 – 79th anniversary)

Sunday April 8th, 2018

**Swim 7.1 kms (current assisted)
under 5 central Hamilton bridges**

Registration and Start: Hamilton Gardens, Hungerford Cr
Below car park **Finish:** Ann St Beach.

Registration 11.00am-12.30 pm Briefing 12.40pm Start 1.00pm

General Information: Swim Rules

Minimum age for participation: 19 years as at 31 December 2018

- Please make sure you read the safety instructions on this page and those at registration. Safety instructions will be read out before the start
- Bright swim caps must be worn throughout
- Wetsuits are recommended
- 2 motor boats & medical personnel (including St John Ambulance), Kayaks and canoes will accompany swimmers for safety
- Competitors will be permitted to have their own safety kayak or canoe accompany them. All paddlers are required to wear a buoyancy vest or life jacket and attend boaters briefing at 12.40
- All Marshals and Water Safety Personnel instructions must be followed
- Miniature Cup for first woman and first man
- Times will be recorded
- Organisers reserve the right to withdraw any participant deemed incapable of safely continuing or finishing by 2.30PM
- Start is at Hamilton Gardens, Hungerford Cres Below the car park
- Finish is at Ann St Beach at designated site. Swimmers must exit river between finish indicators
- Final times are taken at marked finish exit from river at Ann St Beach
- The average time last year was 65 minutes but this can vary, depending on the current on the day.
- Environmental cancellations will be by email, or phone us if you are uncertain.

We suggest that you park your car at the finish and organise a ride to the start.

Organisers will transport belongings from the start to the finish.

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