



NZ Masters Swimming National LC Championships 2016

Sir Owen G Glenn National Aquatic Centre, Mairangi Bay, Auckland

11th – 13th November 2016

Entry form to be received by 21st October 2016

Your Personal Details (see notes below)	
Last Name	
First Name (1)	
Date of Birth	
Age as at 31/12/2016	
Club Code (2)	
Club Name (2)	
NZMS Number (3)	
Gender	Male / Female
Email address	
Contact Phone	
Postal Address	

Your Payment Details			
Fees Payable \$	Number	Total	
Registration & event fees	65	-	65
Late entry fee (from 1st October 2016)	10	-	
Total Payment \$			

By Post:
 Cheque payable to North Shore Master Swimmers
 Post entry form and cheque to:
 North Shore Master Swimmers
 c/- 2/83 Arran Road, Browns Bay, Auckland 0630

Electronic:
North Shore Master Swimmers
ASB: 12-3011-0817351-00
Reference details: Surname, First Name, NZMS No.
Email entry form to: northshoremasterswimmers@gmail.com

Online:
 Online registration is available and is our preferred entry method: <http://www.nsms.nz/#/form/eventregistration>

Your Swim Entry details – maximum 6 events				
Event No	Distance Metres	Stroke	Entry Time Min:Sec	Tick if Record Attempt

By paying the entry fee and sending this form I:

1. Declare that I have no health condition that would make it inadvisable for me to compete in the races I am entering. I undertake to withdraw from competition if any such health condition arises before the event.
2. Acknowledge that I am aware of the NZMS Doping Policy and will comply in all respects with it and with the requirements of Drug Free Sport NZ.
3. Acknowledge that the organising committee, its members, agents, employees or volunteers will not be responsible for any loss, damage or harm I might suffer in connection with the event.
4. Acknowledge that the information I supply herein is collected by NZ Masters Swimming Inc. and may be used by NZ Masters Swimming and/or supplied to our sponsors. You have the right to request access to, and correction of, the information.

Print Name: _____

Signature: _____

Keep up to date with event information on our Facebook event page:
<https://www.facebook.com/events/491973544333467/>

Notes

You must be a current financial member for 2016 with your affiliated NZ (or overseas) Masters Swimming club to participate in this event. Contact your club secretary if you are unsure of your financial membership status.

1) Please use the First Name that you are registered with NZMS. Otherwise you might not be recognised as a financial member.

2) See list of clubs at the end of this document. Non-NZ swimmers – please give details of your overseas club affiliated to your Masters Swimming national body and provide evidence of your current membership.

3) Leave this blank if you have recently joined a club and do not yet know your number. Non-NZ swimmers – please provide your registration number from your own Masters Swimming national body.

Events Programme

SESSION 1 – Friday 11th November - evening Warm-up: 5:00 pm Session start: 5:30 pm		SESSION 2 – Saturday 12th November - morning Warm-up: 8:00 am Session start: 8:30 am	
Event		Event	
1	1500 m Freestyle	3	400 m Individual Medley
2	800 m Freestyle	4	50 m Butterfly
		5	200 m Backstroke
		6	100 m Breaststroke
		7	200m Freestyle
		8	4 X 50 m Medley Womens Relay
		9	4 X 50 m Medley Mens Relays
SESSION 3 – Saturday 12th November - afternoon Warm-up: 1:00pm Session start: 1:30pm		SESSION 4 – Sunday 13th November - morning Warm-up: 8:00 am Session start: 8:30 am	
Event		Event	
10	200 m Individual Medley	17	100 m Butterfly
11	50 m Backstroke	18	50 m Freestyle
12	200 m Butterfly	19	100 m Backstroke
13	100 m Freestyle	20	50 m Breaststroke
14	200 m Breaststroke	21	400 m Freestyle
15	4 X 50 m Freestyle Mens Relay	22	4 X 50 m Freestyle Mixed Relay
16	4 X 50 m Freestyle Womens Relay	23	4 X 50 m Medley Mixed Relay
		24	6 x 50 m Freestyle Regional Flying Squadron Mixed Relay

Social Function and Lunch – due to lack of demand, we have had to cancel the social function on Saturday evening and the provision of lunch on Saturday. There are many venues around the area where you can enjoy a dinner out on Saturday evening, and several cafes at the venue and nearby where refreshments and hot drinks may be purchased over the weekend.

NZ Masters Swimming – affiliated clubs

Club Code	Club Name	Club Code	Club Name
AB5	Ashburton	MS4	Masterton
AK1	Auckland Central	MM2	Matamata
CG2	Cambridge	NA3	Napier
GO4	Coastal Warriors	NP3	New Plymouth Seals
DN5	Dunedin	NM1	Newmarket Masters
DL2	Durham Light	NC5	North Canterbury
FV5	Foveaux	NS1	North Shore
FR1	Franklin	NL1	Northland
GB2	Gisborne	QE5	Queen Elizabeth II
GD3	Greendale	RM4	Raumati
GG5	Greymouth Golden Gladiators	RK1	Roskill
HM2	Hamilton	SL5	Selwyn
HC4	Harbour Capital	SC5	South Canterbury
OD3	Heretaunga Old Devils	SC1	South City
HU4	Huia	TM5	Tasman Gold
JP5	Jasi	TO2	Taupo
KP5	Kaiapoi	TW2	Te Awamutu
KM4	Kapiti Masters	TA1	Team Auckland
KT2	Katikati	TB1	Trent Bray Swim School
KM5	Kings	TJ3	Trojans
QL5	Lakers	WK1	Waitakere City
LV4	Levin	WG3	Wanganui
MK3	Makino	WH2	Whakatane
MM4	Mana Marlins	WN5	Wharenui
MN1	Manukau	WS5	Whalers